

# 2023/2024 TRISTATE RUGBY WOMEN'S ALL-CONFERENCE PLAYERS



## COLUMBIA UNIVERSITY

### **Tupelo Sullivan**

Santa Monica, CA

Senior

Inside Center, Fly Half

Comments: Exceptional field vision and kicker. Accounted for 90% of conversions. Club Vice President. Tupelo is so creative and talented and way above this level. She is a playmaker.

### **Chiara-Lou Parriaud**

Paris, FR. Singapore

Senior

Fly Half

Comments: Attack distributor and runner. Attack structure ran off Chiara-Lou's ability to get the ball out quickly and efficiently setting up other's scoring opportunities. Chiara Lou plays with the French flair and panache and is probably the reason Tupelo scores so many tries. She is so unselfish when distributing I have to tell her, "it's more than ok to just run", that's when she is most dangerous.

### **Lilia Brahim**

Paris, FR. Tunis

Senior,

8, Flanker

Comments: High work rate and exceptional tackler. Fiery and feisty. So selfless, she nominated the other players above herself yet truly deserves recognition. Club President. Lilia really embodies the heart of a Lion. She tore her ACL in the conference championship, and we have truly missed her fire and passion.



## **DREW UNIVERSITY**

### **Vanessa Sherwood**

Blue Hill, Maine

Senior

Scrum Half

Comments: Vanessa was introduced to Rugby as a freshman and because she is an incredible athlete took to the sport immediately. She is Drew University's leading try scorer and overall points scorer due to her kicking and conversion success. Vanessa has served as both Captain and President of the Drew University Women's Rugby Football Club.



## **FAIRFIELD UNIVERSITY**

### **Emily Raia**

Warren, NJ

Senior

Center

Named to the 2023 NCR DII All-American team. Team co-captain.

### **Kayla Fox**

Brewster, NY

Junior

Hooker

Comments: Talented ball carrier; aggressive defender; versatile attacker in the 1-3-3-1; played every minute of every game this fall.



## **FORDHAM UNIVERSITY**

### **Zoë Chapital**

Walnut Creek, California

Senior

Lock

Comments: During her time as Captain, Zoë has implemented engaging practice plans that have left the team feeling more connected and prepared for seasons. She's an inspiring and encouraging presence on this team that pushes our players to improve their skills and fitness while making everyone feel capable and able to reach their goals.

### **London Monzon**

Kearny, New Jersey

Senior

Hooker

Comments: As our current President, London has consistently shown up for the team as a leader. She has been a fierce member of our scrum as well as an administrative leader. London consistently dominates on the field, showing her teammates what is possible and pushing through game after game.



## **HOFSTRA UNIVERSITY**

### **Jennifer Brandes**

Far Rockaway, NY

Senior

Flyhalf

Comments: Jen has been the captain of Hofstra Women's Rugby for the past year and previously held the match secretary position on eboard. Jen is a great leader who sets the standard for the rest of the team. She works extremely hard both in and out of practice. She is constantly teaching others and her dedication and passion for rugby is contagious. Her teammates look up to her and both the team and I trust her to be an effective leader. Her contributions to the club have been a huge part of our success this year.

### **Truc Vy Ho**

Cranston, Rhode Island

Senior

Scrumhalf

Comments: Vy has grown exponentially over the past year as both an athlete and leader. They have gone above and beyond for this team in so many ways. Not only does Vy spend countless hours outside of practice working on their skills as a rugby player and athlete, they are always thinking of ways to help support the club's growth and teach new members. Week after week they are a powerhouse on the field. It has been an honor to watch them grow. They are absolutely an asset to the club.



## **MARIST COLLEGE**

### **Emma Ackerler**

Commack, NY

Senior

Scrumhalf

Comments: Emma's leadership, knowledge of the game, field vision, and versatility make her an excellent player, and teammate.

### **Maddy Cavanagh**

Ramsey, NJ

Junior

#8

Comments: Maddy plays with a fierce and relentless mentality on the pitch, with big hits, big runs, and she sets the tone for our team with her intensity and strength.



## **MARITIME COLLEGE**

### **Imani Santos**

Manhattan, New York

Senior

Comments: She has been our Captain for the past two years and has always made practice an enjoyable time and made everyone feel like family instead of just teammates.



## **MOLLOY UNIVERSITY**

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### **Kristen Regan**

Plainview, NY

Junior

Fly-Half

Comments: Kristen is a standout player and captain for our team. She is one of our most knowledgeable and skillful players. She is a leader both on and off the field by pushing everyone to do and be their best at practice and in games.

### **Samanta Molina**

Massapequa, NY

Sophomore

Center

Comments: Samanta is an exceptional athlete whose skills come naturally. Having never played rugby prior to spring of her freshman year she has already become a utility player on our team. She is constantly asking questions to improve her knowledge of the game and is a natural leader at practice and during games.



## **MONTCLAIR STATE UNIVERSITY**

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### **Maria Newell**

Laurel, MD

Senior

Forward Flanker, 8Man

Comments: Maria has been a dedicated player for 4 years. She has been the president of the Women's Rugby Club for the last two years. We wish her the best after this season in her career in linguistics!

### **Crystal Aguerro**

Jersey City, NJ

Junior

Lock, Forward Flanker, 8 Man, and Scrumhalf

Comments: Crystal joined the team two years ago and has been nothing but a great asset to the team. Not just on the field, but also on the back end has a Vice President of the team. We are looking forward to seeing her continue to grow as a player!



## **NEW PALTZ**

### **Celina Nehme**

Albany, NY

Sophomore

Team Captain, Prop and second row and fullback

Comments: Celina leads by example and from the front. She is not afraid of failure, not afraid of taking chances, Celina demonstrates her indomitable spirit at every practice and every game. Celina's passion for the game is contagious.

### **Angelica Silva Perez**

Clintondale, NY

Senior

Team Captain, Fullback and scrumhalf

Comments: Hard work, integrity and humility is what defines Angelica. As a true leader, she does not avoid challenges, but rather embraces them. Gel's real strength is her metal fortitude. A true key players and leader for the NP Rugby team.



## **RENSSELAER POLYTECHNIC INSTITUTE**

### **Theresa Olsen**

Midland Park, NJ

Senior

Number 8

### **Maddie Mast**

Philadelphia, PA

5th Year

Center



## **RUTGERS UNIVERSITY**

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### **Kam Shan Hu**

Princeton, NJ

Senior

Center or Wing

Comments: Kam is an excellent tackler and ball carrier. She finds holes in defensive lines and attacks them! She is the leading scorer on the team.

### **Amanda Sallemi**

Emerson, NJ

Junior

Scrumhalf

Comments: Amanda is a great all-around rugby player. She has a good rugby IQ and uses that to get an advantage on the field.



## **SIENNA COLLEGE**

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### **Mairead O'Donnell**

Poughkeepsie, NY

Senior

Prop

Comments: As club president she has lead from the front and put extensive time into making sure the program was as successful as possible.

### **Emma Walley**

Walton, NY

Senior

Prop

Comments: The student you wish had one more year. Incredible skill set.



## **STONY BROOK UNIVERSITY**

### **Kriyal Patel**

Copiague, NY

5<sup>th</sup> Year- Graduate Student

Prop, 8man, Lock- Utility Player

Comments: Kriyal is a leader on and off the pitch and has been the team's Captain for the last two years. She is a General on the field, a playmaker, and inspires her teammates to be better rugby players. Not to mention throws one of the strongest stiff arms I've ever seen. Whether baking brownies for a fundraiser, dutifully fulfilling eboard, or taking charge in the pack, Kriyal can do it all. Kriyal exudes unwavering commitment and will succeed wherever and in whatever she decides to do.

### **Calah Turpin**

Buffalo, NY

Junior

Prop

Comments: Calah is a person that you are in awe of on pitch. She's extremely knowledgeable with the ability to see space and hit it. She is a versatile and resourceful player. When you think it looks grim Calah adapts and flexes, while she beautifully reads the field and becomes the playmaker. She holds tremendous amounts of empathy and care for her teammates. She speaks kindly of others and is always looking to help.



## **THE COLLEGE OF NEW JERSEY**

### **Ally O'Brien**

Middletown NJ

Senior

Rugby Playing Position – 15s and 7s (Hooker/Prop)

Comments: Rugby club president (4 seasons), rugby club captain (2 seasons), match secretary (2 season), Kappa Delta Pi Education Honor Society, Psi Chi Psychology Honor Society. Additionally, Ally dedicates hours to training, watches rugby, and still maintains excellent academic performance.

### **Nina Morris**

Hometown – Green Brook

Senior

Rugby Playing Position – 15s (Flanker), 7s (Prop/Hooker)

Comments: As the current rugby club captain, Nina has consistently developed fitness, strong technical skills (especially rugby IQ), and leadership over eight seasons.





## **VASSAR COLLEGE**

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### **Asia Baker**

Columbus, GA

Senior

Flanker

Comments: Consistently made the most tackles per game; excellent ball carrier getting over the gain line; scored 18 tries in the Fall 2024 Season; Major: Science & Technology.

### **Sophia Bailey**

Arlington, VA

Sophomore

Scrumhalf

Comments: Good distributor of the ball; scored 18 tries in the Fall 2024 Season; Exciting open field runner; Major: Undeclared.

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